



Series: **Seven Words to Change Your Life**

Message: **Thanks**

Text: **Psalm 100. Luke 17:11-19. 1 Thessalonians 5:16-18**

*Rejoice always,
pray continually,
give thanks in all circumstances;
for this is God's will for you in Christ Jesus.
~ 1 Thessalonians 5:16-18*

Connection Group Questions:

Most groups will be taking Thanksgiving week off. If so you can use these questions for your own personal reflection. As we look ahead to Christmas we encourage groups to plan for your Christmas party now. You can make this an especially meaningful party in three ways:

1. Plan on sharing the Christmas story or singing some classic carols.
2. Invite some new people to the party with the hope of having them join the group.
3. Bring gifts for a charity or family in need.

Connect: Zig Ziglar calls gratitude "the holy grail." Everyone give thanks for one other person in the group, one thing that happened recently, and one thing that you believe will happen through faith.

Engage: Read Luke 17:11-19

Why does gratitude seem so rare? What difference did gratitude make for the one who returned to Jesus? How is grumbling the enemy of gratitude?

Apply:

1. Start a gratitude journal. Pick a time frame (3mo to one year) and write down three things for which you are grateful each day. After this try to make weekly "thanksgiving" a part of your spiritual devotion.
2. Go Social. Use social media not for comparison, but community. Post your gratitude for personal accountability and the encouragement of others.
3. Write Thank-You Notes. Simply make writing notes a part of your daily/weekly routine. When possible, hand deliver!